



THE STATE OF FLORIDA
JUSTICE ADMINISTRATIVE COMMISSION

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MEMORANDUM #28-16HR

TO: Agency Administrators

FROM: Carolyn Horwich, Esq., Director of Human Resources

THROUGH: Rip Colvin, Executive Director

SUBJECT: Employee Assistance Program Transition

DATE: August 11, 2016

Please note that as of August 21, 2016, state employees will have a new administrator for the state's Employee Assistance Program (EAP). Aetna Resources will no longer be the administrator. The new administrator will be **e4health**.

Please remove all materials (flyers, posters, etc.) and references to Aetna Resources. New materials will be provided to you as they are received from the new administrator.

The announcement regarding the new administrator is attached. Please ensure that all employees are informed of the transition.

Thank you.

MANAGEMENT ADVISORY 16-009

DATE: Aug. 11, 2016
TO: All State Personnel System Employees
FROM: Tami Fillyaw, Director
SUBJECT: Transition to a New Employee Assistance Program Administrator – E4 Health

Effective Aug. 21, 2016, E4 Health will replace Aetna Resources for Living as the administrator of the state's Employee Assistance Program (EAP). The toll-free number for E4 Health will be 1-844-208-7067.

E4 Health provides free counseling, resources and support for your total wellbeing. Access to services related to work-life balance, financial and legal concerns and family and relationship issues, among others will be provided, as well as referral and location services for child and elder care. You are automatically enrolled in this benefit, and all of your family and household members receive the same level of services.

A teen helpline called #BlueChat is a new benefit that E4 Health will provide. By calling their own line at 1-844-208-7074, teenagers can access services to help them handle bullying, peer pressure, depression, substance abuse and other challenges they face.

Watch your mail for E4 Health's postcard this month (see picture to the right). In addition, look for monthly e-newsletters on topics that help you better manage life's unexpected turns.



If you are currently participating in sessions through Aetna's EAP network, you may continue seeing that provider through E4 Health without interruption for six more visits.

Always confidential, employee assistance is available anytime from E4 Health. **Starting Aug. 21, 2016**, call 1-844-208-7067 or visit sofeap.com for free help, resources and information.