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**MEMORANDUM 030-18HR**

TO: Agency Administrators

FROM: Carolyn Horwich, Esq., Director of Human Resources

THROUGH: Rip Colvin, Executive Director

SUBJECT: Weight Management Pilot Program Extension

DATE: November 14, 2018

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Attached please find a Management Advisory from the Department of Management Services regarding the Weight Management Pilot Program Extension.

Thank you.



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**MANAGEMENT ADVISORY 18-012**

**DATE:** Nov. 14, 2018  
**TO:** Agency and University Personnel Officers and Benefit Coordinators  
**FROM:** Agata Wlodarczyk, Population Health Management  
**SUBJECT:** Weight Management Pilot Program Application Extension

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The application period for the Department of Management Services' Weight Management Pilot Program has been extended and will now close **Nov. 30, 2018**.

The Weight Management Pilot Program is open to up to 2,000 eligible applicants, including active employees, retirees, and their dependents. As of Nov. 14, the Division of State Group Insurance has received just over 500 applications.

The Pilot includes two central components. First, participants will be enrolled in a department-approved wellness program. This wellness program will be offered at no cost through the participant's health plan. Each health plan will have their own specific wellness program, but they will all be based on the Centers for Disease Control and Prevention's Lifestyle Change program. More information about Lifestyle Change programs is available here: <https://www.cdc.gov/diabetes/prevention/lifestyle-program/experience/index.html>.

Second, starting January 1, 2019, pilot participants will have access to prescription drug coverage for all Federal Drug Administration-approved medications for chronic weight management. Those drugs are not currently covered under our plan, but they will be covered for those participating in the pilot at the [standard co-pay rates](#). The medications covered by the pilot include: Saxenda, Contrave, Belviq, Belviq XR, and Qsymia. Any prescription medications will need to be prescribed by a physician.

**The pilot application period will close on Nov. 30, 2018.** The first step for those eligible and interested in participating in the pilot is to download the [Physician Referral Form](#) from the [My Benefits website](#) and have it completed and signed by their physician. The second step is to apply online and attach a PDF or JPEG file of their completed [Physician Referral Form](#) with their completed application.

Applicant information will be kept confidential. The department is required to report pilot information to the Florida Legislature by Dec. 15, 2019. Only the combined results of all participants will be reported and shared. Information about individual participation will not be disclosed.

Please do not direct employees to contact People First as the Division of State Group Insurance is solely responsible for administering the pilot. If you have any questions about the pilot, please email [weightmanagement@dms.myflorida.com](mailto:weightmanagement@dms.myflorida.com).

Additional information about the pilot, including eligibility criteria and a link to the online application form is available on the [My Benefits website](#).